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October 1976

No. 4

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On the cover: Early Lafayette looking west down what is now Mt. Diablo Blvd. Present day Moraga Rd. is the intersecting road on the right. See story on the next page.

Lafayette history written

Public sale of the Lafayette Historical Society's new pictorial history, "La Fayette: From Rancho to Suburb," began last month. The 64-page book was written by Sandy Kimball, and picture editor Joan Merryman included literally dozens of interesting photos of the city and its people through the years. Following are excerpts from the book reprinted with permission of the Lafayette Historical Society.

A warm climate, plenty of water, lots of easily trapped game and a bountiful supply of fish, wild plants and acorns for food drew Indians to the Lafayette area as far back as pre-historic times.

Members of the Costanoan group, the local Indians probably had a large village in the area which they called Ahala-n, a term which early Spanish explorers or

rancheros apparently interpreted as "Acalanes."

Bits of bone, arrows and implements have been found in scattered locations throughout the modern city limits, primarily near the creeks. The oldest relics to be unearthed are skulls and bones of prehistoric Indians, probably more than 1000 years old, which were discovered in 1970 during construction on Oakland Street near Hough Avenue.

* * * *

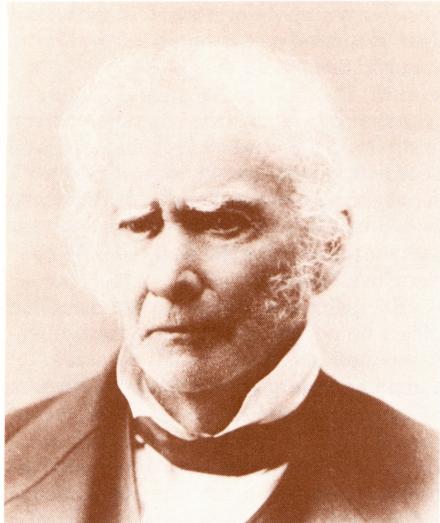
As with all grants made in Contra Costa County, petitions for the five ranchos with land included in modern Lafayette were made after the Spanish period ended in 1822 and the Mexicans ruled Alta California.

Rancho Acalanes, usually considered Lafayette's "own" because its third owner

ALICE MCNEIL RUSSI



The Way Side Inn was built in 1894 and known as a "first class" saloon and hotel. The building is one of three pioneer buildings still in existence. It can be seen today at 3521 Golden Gate Way.



Few pioneers achieved as much as Lafayette's founder, Elam Brown. In addition to his lumbering, farming and milling activities, he was mayor, a member of the State Constitutional Convention in 1849 and assemblyman in the first two state legislatures.

was the town's founder, was originally granted to Candelario Valencia on August 1, 1834.

He reportedly moved onto the one square league Acalanes grant as early as 1828. In the mid-1830's he constructed a dwelling near a spring one mile west of downtown Lafayette off Happy Valley Road.

* * *

Gradually almost all of the vast Mexican Ranchos were lost by the grantees through occupation by squatters and through sale.

Valencia had to give up the Rancho

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Margaret Allen Brown reputedly provided the \$900 used to purchase the Acalanes Rancho. She hid the money in an 8-day clock for the trip across the plains. She died in 1884 at the age of 90. Elam Brown died five years later at the age of 92.

Acalanes when he fell into debt and was forced to sell his acreage. The buyer was William Alexander Leidesdorff, a successful Yerba Buena (San Francisco) financier . . .

* * *

Plain, hard-working Yankee farmers with plain names—like Brown, Jones, Allen and Bradley—were the first Americans to settle within the boundaries of modern Lafayette. Leidesdorff sold the Acalanes Rancho along with 300 head of cattle to one of these pioneers, Elam Brown, in the fall of 1847. Brown, a man of remarkable achievements, had headed

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KEN BALL
WALNUT CREEK

a wagon train across the plains from St. Louis in the spring of 1846. A 49-year-old widower with four children, he'd already tasted pioneer life as he moved from Massachusetts, later to Ohio, then into Missouri and Illinois in search of fertile farmland.

During the six month-long overland trek, the pioneers encountered hostile Indians, suffered rampant sickness, mourned the deaths of three of their party, and scaled the Sierra cliffs just two weeks before the Donner party tragedy began. Before acquiring the rancho, Brown had fought in the Mexican War, married Margaret Allen, a widowed member of the wagon train with 11 children, and spent the summer of 1847 whipsawing lumber in the San Antonio redwoods sector (Canyon) of the Moraga Rancho.

He moved his family into the Happy Valley area on February 7, 1848, to become the first citizen of the future Lafayette and the second American in what was to become Contra Costa County.

The little hamlet straddling the road that led from the redwoods to the lumber shipping point at Martinez rapidly became

a stop-over spot for wagon drivers and their teams and a community center for the scattered ranches on the old Acalanes grant.

In 1853 Elam Brown established a grist mill on the creek at Golden Gate Way near First Street, and in the early '60's the center of the village began to shift away from the old lumber road and move toward the present Mt. Diablo Boulevard-Moraga Road intersection.

By 1857 the village would have an official name, a post office and a community country life that would continue for almost a century before it would become a "commuter city."

[Elam Brown's] first recorded agricultural success was in 1850 when a former cattle corral strewn with barley produced a bountiful crop of about 105 bushels per acre. Like most of arable Contra Costa County, the Lafayette area was to become a prime grain growing center and its inhabitants primarily farmers.

In 1853 Eastern school teacher, Benjamin Shreve, who had failed to make his fortune in the gold fields and was en

HORACE SHREVE



Benjamin Shreve's store, post office and insurance agency was a popular gathering place. This picture from about the 1870's shows the family home on the right. The building still stands, remodeled, at 3535 Plaza Way.

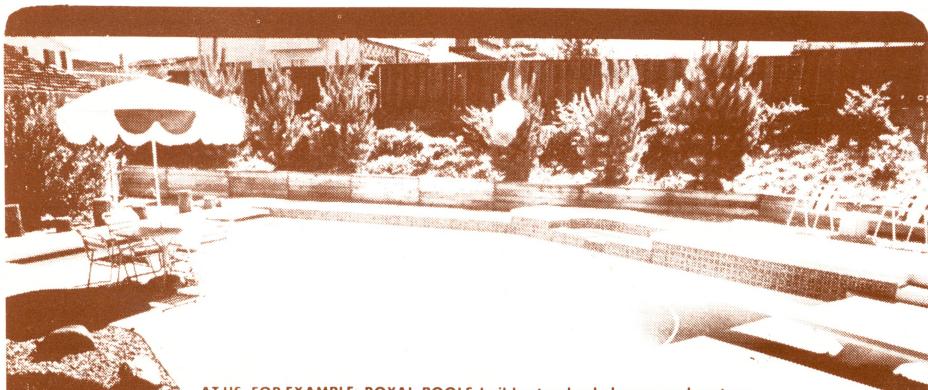
route home, was persuaded to stay in the growing hamlet and set up a school. After teaching for two years, he took over a roadside hotel-general store . . . Shreve applied for a post office for the community, first requesting the name of Centerville. When informed that such a post office already existed, Shreve suggested La Fayette. The "La Fayette" spelling was used intermittently with "Lafayette" as late as the 1920's. Shreve was the town's first permanent postmaster . . . holding the job for 30 years.

When the civil war was over, the historic surrender announcement was made to local citizens by "touching off" Peter Thomson's anvil. This was accomplished by loading the hole in the end of the anvil with powder and igniting it with a 25-foot rod which had been heated in the forge. Explosions cracked the anvil, and Thomson's repairs to the tool, which is now displayed in the Lafayette Library, can still be seen. The anvil was also used to celebrate the Fourth of July for many years.

[Carrie Hough Van Meter, third postmaster of the city] was also custodian of Lafayette's early library. Originally founded in 1860 as a subscription library, the organization is believed to be the first public library service in the county. In 1913 the County Library was established, and in 1915 Mrs. Van Meter took charge of the 60 books in the local "branch" which was in a corner of [the] post office. She continued as librarian until 1947.

Lafayette's two pioneer roads are still the city's chief throughfares. As early as 1850 the dirt path that was to become Mt. Diablo Boulevard was declared a public highway by the Court of Sessions and defined as road district -6.

Copies of "La Fayette: From Rancho to Suburb" are available by sending \$5.50 to Lafayette Historical Society, Box 133, Lafayette, 94549. Tax and mailing charges are included in the price. Copyright 1976 by the Lafayette Historical Society.



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Look Before You Splash

Girls sports – new and growing

Big changes have been taking place in the sports scene for girls and women during the past few years. The change to more active participation by females is a phenomenon that has escaped the notice of many people.

The changes are most evident in area high schools, but also are affecting city recreation leagues. A major impact on the new attitude toward female participation in sports is the Title IX law which requires equal opportunity for males and females in education, not only in sports, but in all aspects of education including hiring of personnel.

Title IX guidelines went into effect in 1975, and secondary schools are required to be in compliance by July 1978 with no exceptions. But as Jim Townley, district consultant for physical education and athletics for the Mt. Diablo Unified School District, points out. Title IX is only a part of the reason for the changes. "Schools reflect society," he says, "and our society has required that women be treated differently than in the past."

"Girls' attitudes are different today," says Elinor Nickerson, girls athletic director at San Ramon Valley High School in Danville, "they don't feel odd because they like sports."

Vicki Matheny, who is in charge of women's programs with Concord Leisure

Services, says that women are demanding more recreational sports activities today because they have more leisure time and want to get out of the house.

"Girls have always been interested in sports," says Nancy Holtzapple of the Lafayette-Moraga Youth Association, "but were not encouraged. Today there is increased opportunity."

The growth in female involvement in sports has been dramatic during the past few years. In the Mt. Diablo School District there are 10 recognized sports for boys. Until four years ago there were none for girls. Volleyball, tennis, basketball and softball became interscholastic sports for girls first, then gymnastics was added, then girls joined the track team. Swimming will be added this year.

At San Ramon High School, boys field about 21 teams in various sports and girls now have about 12 teams. All eight schools in the East Bay Athletic League, which includes San Ramon High School, have girls' teams involved in league play.

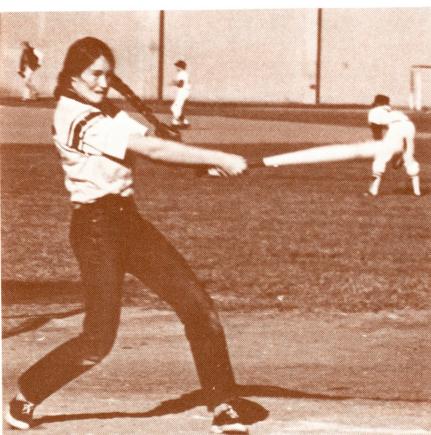
Nancy Eyler, girls athletic director at Monte Vista High School in Danville, also part of the East Bay league, says she believes that the league is ahead of most in integrating girls' programs into the schedule. The number of spectators is increasing, games are played at night, and the school started charging admission to girls' basketball games for the first time last year.

Nancy says that only about 40 girls at Monte Vista High School were involved in interscholastic sports three years ago when the teams joined the league. Last year the number of girls on all teams playing competitively had tripled.

Recreational leagues have had similar growth. At Concord, Vicki says there was an increase of about 20 percent in the number of women's teams playing softball and volleyball last year. Flag football was added as a sport last year with five teams. She expects about twice as many teams to register for next year's league.

Pleasant Hill Parks and Recreation had a high school girls' basketball league during the summer for the first time and nine

JOAN KRUG



San Ramon H.S. softball

teams were involved, only three less than in the boys' league. The number of girls' soccer teams (elementary school age) has tripled in three years with nearly 300 girls involved.

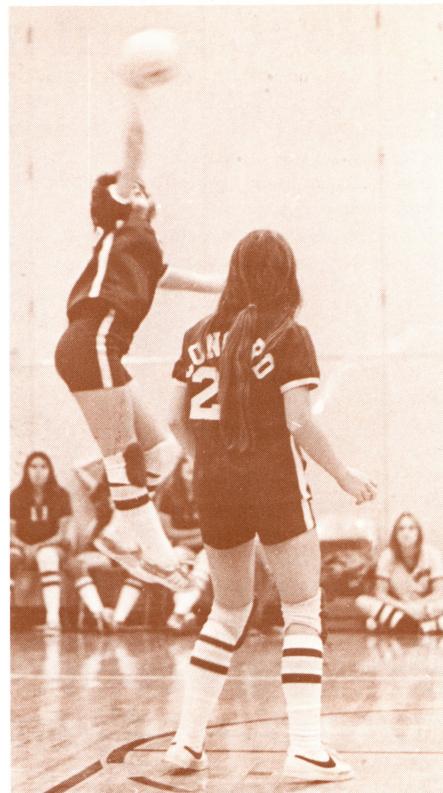
Girls' soccer teams in Lafayette-Moraga have more than doubled since the program began last year.

Darrell Mortensen, director of Walnut Creek Leisure Services, says the number of women's softball teams increased from seven to 18 in one year, and he expects another seven or eight teams to be added next year. There were 72 men's teams and the number is fairly stable, he reports. "The interest and desire in girls' and women's sports is going to increase," he says, "until we will have as many teams playing with females as with males."

The same kind of growth is reported by the Walnut Creek Athletic Association which has a basketball and softball recreational program for children and teens. They fielded 32 girls' softball teams this year, an increase of more than 20 percent. Boys' teams numbered 58—about the same as in previous years. The number of girls' basketball teams (20) increased more than 25 percent to nearly half the number of boys' teams.

The increased interest in sports for females has its problems, too. Providing the money, facilities, equipment and coaches for expanding programs is a giant obstacle. Ralph Belluomini, principal at Pleasant Hill High School, points out that it took about 60 years for the boys' sports program to develop to what it is today.

Ralph says that males have reacted very positively to the expanding program for girls. "Boys are enjoying watching girls'



Concord H.S. volleyball

sports," he says, "and the number of spectators in general is increasing." But he cautions that the desire for expanding girls' programs faster than money and facilities allow causes negative attitudes and frustration. "We need to set a timetable that is realistic and that everyone can live with," he says.

Doug Pederson, curriculum coordinator



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and Rossmoor
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for physical education and athletics with Acalanes Union High School District, says that men and women involved with sports in the district have worked together closely to help solve their problems of providing expanding programs.

Elinor Nickerson talked about the problem of money. "We must be careful not to destroy the boys' programs to improve girls' programs," she says. "Our budgets are even tighter than previously, with more programs to fund. We need more money and part of it must come from community support and fund-raising activities."

Nancy Eyler says that facilities are a big problem because her school has only one gym for basketball practice. And money is short, too. "We get less money from the school district than we get from the sale of student body cards," she says, "and our girls are still out selling candy to support their programs." Though she'd like to see more financial support from the school

district, Nancy is excited about what's happening with the girls' programs.

"The caliber of play has improved dramatically in the past three years," Nancy says. "My girls' volleyball team has been undefeated for three years, but the team of three years ago wasn't nearly as good as last year's team. Within another five years the basic skill levels of girls in sports is going to equal that of boys," Nancy predicts.

Jim Townley says that school administrators and boards of education need to take the lead to make girls' sports more important. There have been major changes, but the going is still slow and this is a reflection of community standards. "We all like progress," he says with a grin, "it's the change that bothers us."

Editor's Note: Join the growing crowds of spectators to enjoy girls' sports events. Now going on at many area schools are interscholastic volleyball, gymnastics, track and swimming. Call your favorite school to obtain dates of games.

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Trails lead along the high coastal and inland ridges; through redwood, oak, pine and eucalyptus stands, and up shaded creeks and canyons. The views, to the Bayside and to the inland hills and mountains, are spectacular.

You can rent horses from the following stables with easy access to parks.

CHABOT EQUESTRIAN CENTER. This Park District-owned stable is at 14600 Skyline Blvd., Oakland, 569-4428, situated in the 4,907-acre Anthony Chabot Regional Park which connects on the north with 2,074-acre Redwood Regional Park.

LAS TRAMPAS STABLES. This is an equestrian operation within Little Hills Ranch, 650 acres of which were recently purchased by the Park District. The area

adjoins 3,585-acre Las Trampas Regional Wilderness and is on Bollinger Canyon Rd., Lafayette, 837-9850.

GRIZZLY PEAK STABLES. This private stable is on the south rim of 2,065-acre Tilden Regional Park at 271 Lomas Cantadas, Orinda, 254-8283, with trails along the Pacific Coastal range and extending into 2,045-acre Wildcat Canyon Regional Park. To join a naturalist-led group of riders going out of Grizzly Peak at 10 am every Friday, phone the EBRPD Environmental Education Center in Tilden Park, 525-2233.

BUCKEYE RANCH. This stable is on Springhill Rd., Lafayette, 283-3846, with trails leading into 4,194-acre Briones Regional Park.

Prices for riding are generally \$4.50 and \$5.00 per hour, though some stables have lower charges for teenagers and youngsters 12 years old and under.

For maps showing the trails in these four parks—Tilden, Anthony Chabot, Briones and Las Trampas—write or phone the East Bay Regional Park District, 11500 Skyline Blvd., Oakland 94619, phone 531-9300.

Halloween happenings

DON GRAY



Orinda Community Center had kids galore for last years Halloween mask making.

Lots of special activities are in store for children around Halloween. Here are a few that might interest your family:

Concord

Willow Pass Community Center, Salvio and E. Olivera, has a week of special programs at 3-5 pm for elementary ages. Call 671-3326. Oct. 25-Scarecrow contest; Oct. 26-Pumpkin carving contest; Oct. 27-Ghost stories and goblin party; Oct. 28-Baking pumpkin cookies; Oct. 29-Making Halloween masks; Oct. 30-City-wide pumpkin carving contest, 11 am-4 pm.

Concord Library, 2900 Salvio, 671-4455, Halloween program for grades 1-6, Oct. 28 at 4 pm.

Clayton Valley Center, 1106 Alberta Way, 798-2852, plans to repeat its successful haunted house that attracted some 200 kids last year. The haunted house party and hay ride are Oct. 29, 6:30-8:30 pm for ages 3-12, 50 cents admission.

Danville

San Ramon Valley Library, 555 S.

Hartz, 837-4889, Halloween story time, grades K-6, 4 pm, Oct. 27.

Lafayette

Lafayette Library, 952 Morage Rd., 283-3872, Halloween mask-making for grades 1-6, Oct. 27, 3:30 pm.

Lafayette Library, Devil tales for grades 1-6, Oct. 29 at 3:30 pm.

Community Center, 911 St. Mary's Rd. Lafayette Junior Women's Club sponsors "Make a mask" for 3-6 year olds, October 23, 10 am-12 noon. Fifty cents per child covers costs.

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Moraga

Park and Recreation, 2100 Donald Dr., has a pumpkin carving and sculpture program, Oct. 29 at 3:30. Bring your own pumpkin and carving knife. Sally Bailey will show children 4th grade and up how to carve jack-o-lanterns and add fruits and vegetables for special sculptural effects. Call 376-2520.

Moraga Library, 1500 St. Mary's Rd., 376-6852, picture book time for preschool through 2nd grade, Oct. 26 at 4:30 pm.

Moraga Library, Halloween folk tales for grades 2-6, Oct. 28 at 4:30 pm.

Orinda

Orinda Library, 2 Irwin Way, 254-2184, wear your costumes for Halloween story hour, Oct. 28 at 4 pm.

Orinda Community Center, 26 Orinda Way, 254-2445. "Make a Mask Happening" for grades K-6, Oct. 23, 9:30-11:30 am, \$1 at door. All materials furnished for three kinds of masks including full body covering for small children. Parents welcome to help small fry with their masks.

Pleasant Hill

Community Recreation Center, 320 Civic Dr., 676-5200. Join 8-12 year olds for "Scary Halloween Masks" and create your own special face for Halloween on Oct. 21 and 22, 3-5 pm. \$3.50 for residents and \$5 non-residents.

Pleasant Hill Library, 1750 Oak Park Blvd., 944-3434, Halloween story time for grades 1-6, Oct. 28 at 4 pm.

Walnut Creek

Walnut Creek Library, 1644 N. Broadway, 934-5373, puppet show for ages 5-12 on Oct. 28 at 3:30 pm.

Newcomers...

Call one of these groups to meet other new people:

Alamo-Danville Newcomers. 820-3646

Concord Newcomers 687-1290

Concord Welcome Wagon Club.
676-1687

Lafayette Newcomers. 283-6814

Lafayette Welcome Wagon Club.
284-1709

Moraga Betas. 376-7516

Moraga Newcomers Club. 376-5723.
376-2349

Orinda-Moraga Welcome Wagon Club.
254-7265

Walnut Creek Welcome Wagon Club.
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Join something

If you are interested in photography, hiking, rock collecting, bridge, singing, gardening, politics, community action or other hobbies or activities, Concord Library at 2900 Salvio St. can help you reach others with similar interests.

The library will sponsor a community organization fair Saturday, October 2 from 10 am to 5 pm. Representatives from community clubs and organizations will be at the library to describe their activities and tell you how to become a member of the organizations that appeal to you.

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Service clubs and organizations



B'nai B'rith Men, Mt. Diablo Chapter

3rd Sundays, 10 a.m.
Rossmoor multi-purpose room

Exchange Club of Concord

Thursdays, 12 noon
Michael Anthony Restaurant

Concord Jaycees

2nd & 4th Tuesdays, 7:30 p.m.
Holiday Inn

Lafayette Area Jaycees

2nd & 4th Thursdays, 7:30 p.m.
Rusty Scrupper

San Ramon Valley Jaycees

1st non-holiday Mondays, 7:30 p.m.
Brass Door, San Ramon

Walnut Creek Jaycees

1st & 3rd Tuesdays, 7:30 p.m.
Dorick's Hofbrau

Concord Kiwanis

Fridays, 12 noon
Concord Inn

Lafayette Kiwanis

Tuesdays, 12 noon
Lafayette United Methodist Church

Moraga Kiwanis

Thursdays, 7 a.m.
St. Mary's College

Pleasant Hill Kiwanis

Wednesdays, 12:10 p.m.
Dino's Restaurant

Rossmoor Kiwanis

Mondays, 11:45 a.m.
Hillside Club House

San Ramon Kiwanis

Thursdays, 12:15 p.m.
Brass Door

Walnut Creek Kiwanis

Mondays, 12 noon
Walnut Creek Women's Club

Clayton Valley Lions

Wednesdays, 7:15 a.m.
First Christian Church, Concord

Danville Lions

1st & 3rd Wednesdays, 6:45 p.m.
Brass Door, San Ramon

Diablo Valley Lions

Thursdays, 7:30 a.m.
Denny's Restaurant, Walnut Creek

Lafayette Lions

Wednesdays, 12:05 p.m.
El Charro

Moraga Lions

1st & 3rd Mondays, 7:30 p.m.
St. Mary's College

Orinda Lions

Tuesdays, 12:15 p.m.
Casa Orinda

Pleasant Hill Lions

Tuesdays, 7:30 a.m.
P.H. Community Recreation Center

Rossmoor Lions

Thursdays, 11:45 a.m.
Hillside Club House

Walnut Creek Host Lions

Wednesdays, 12:10 a.m.
Walnut Creek Elks Club

A Community Service Message From Dow Chemical U.S.A.



Concord Optimist Club

Tuesdays, 7 p.m.

Carrow's Restaurant, Pleasant Hill

Optimist Club of Walnut Creek

Thursdays, 7 p.m.

Lyon's Restaurant

Alamo Rotary

Wednesdays, 12:15 p.m.

Round Hill Country Club

Concord Rotary

Fridays, 12 noon

Concord Inn

Danville Rotary

Mondays, 12 noon

Brass Door, San Ramon

Lafayette Rotary

Thursdays, 12:15 p.m.

Lafayette Veterans Memorial Bldg.

Moraga Rotary

Tuesdays, 12 noon

St. Mary's College

Orinda Rotary

Wednesdays, 12 noon

Orinda Community Center

Pleasant Hill Rotary

Thursdays, 12 noon

P.H. Community Recreation Center

Walnut Creek Rotary

Tuesdays, 12:15 p.m.

Red Rooster Restaurant

League of Women Voters

Call 283-2235 or 933-1059

Soroptimist Int'l. of Concord

Wednesdays, except 5th Wed., 12:15 p.m.

Maltby House, 3031 Bonifacio, Concord

Lafayette-Orinda Soroptimist

Tuesdays, 12:15 p.m.

El Charro

Soroptimist Int'l of San Ramon Valley

Wednesdays, 12 noon

Steak & Ale, Danville

Pleasant Hill Soroptimist

Thursdays, 12:15 p.m.

Tia Maria Restaurant

Walnut Creek Soroptimist

Thursdays, 12:15 p.m.

Walnut Creek Women's Club

B'nai B'rith Women,

Vista Diablo Chapter

4th Thursdays, 8 p.m.

Jewish Community Center

Epsilon Sigma Alpha-Alpha Rho

2nd & 4th Tuesdays, 10 a.m.

Members homes

Moraga Service League

2nd Mondays, 9:30 a.m.

Members homes

Moraga Women's Society

3rd Mondays, 9:45 a.m.

Moraga Hills Community Church

Orinda Women's Club

2nd Tuesdays, 9:30 a.m.

(except July, August)

Orinda Community Center



Community Concern Is Part Of Our Job

Voters

Election day is coming. The League of Women Voters has provided the following information about voter registration.

A qualified voter must be 18 years old, a U.S. citizen, and registered to vote for 30 days before the election. Postcard registrations are available at libraries, city clerk's offices, Department of Motor Vehicles, some fire stations and League of Women Voters office.

The closing date for registration for the November election is October 4. If you have moved anywhere in the state within 30 days of any election and are a validated voter at your previous address, you may vote by returning to the former precinct or by absentee ballot. Apply for absentee ballot after September 3 and before October 26.

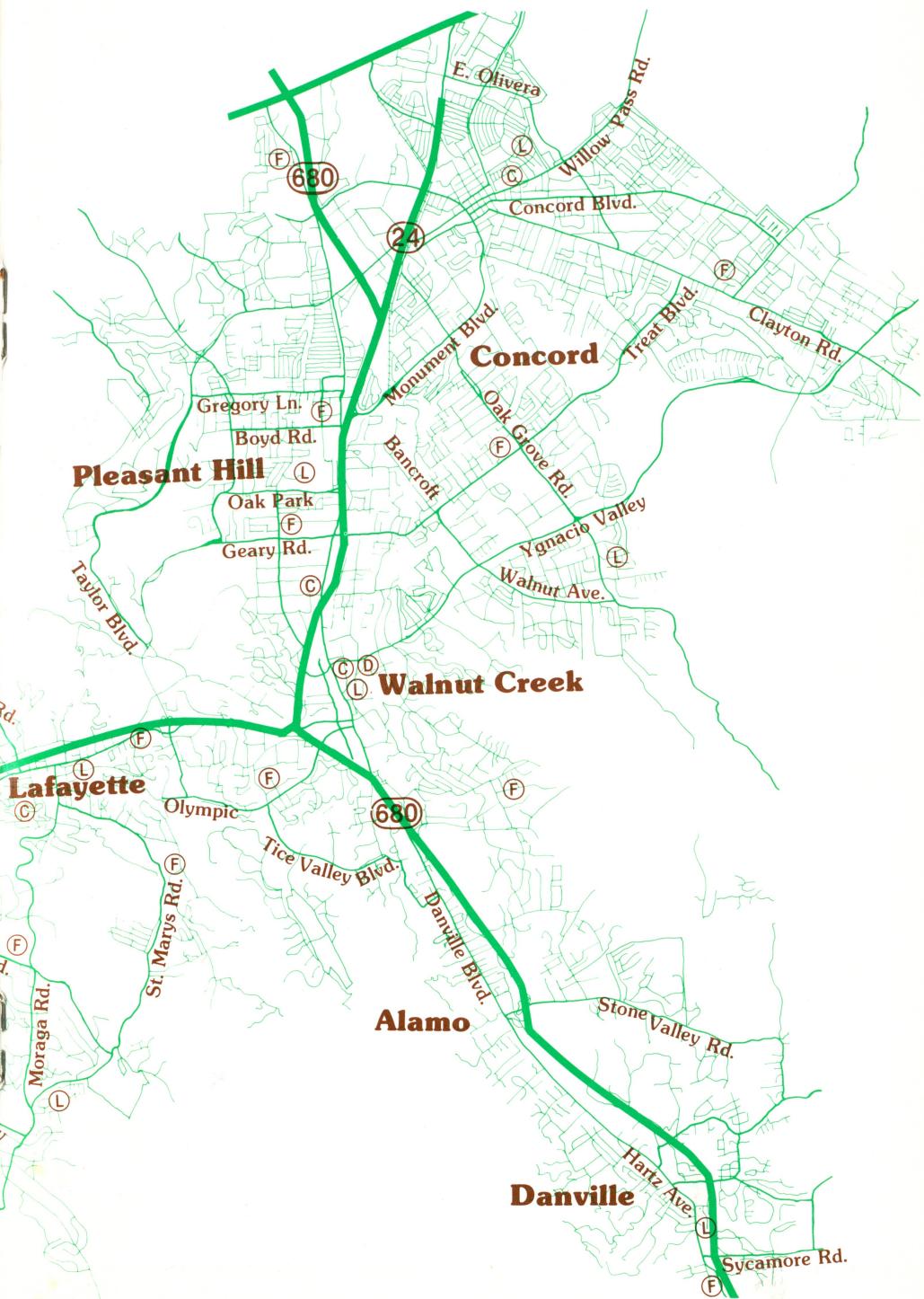
If you have moved into the state of California after October 4, you can register in the County Clerk's office to vote for the President. You will not be able to vote for any other offices. The ballot will be mailed to you. Write Election Dept., 524 Main St., Martinez, CA. Phone 372-4166.

LEGEND

Postcard registrations to vote can be obtained at the following locations:

- © City offices
- ④ Fire stations
- ① Libraries
- ③ Dept. of Motor Vehicles





Junior Museum offers fun and learning



How do you hold a hawk? Why does a ferret smell the way it does? How can you cook acorn mush with a hot rock? Why should you choose the biggest boa constrictor to take to a school? These are just some of the questions a docent for the Alexander Lindsay Junior Museum in Walnut Creek learns to expect (the docent's question is usually what do you do about a carsick vulture?)

The Docent Council, a group of highly trained volunteers, takes on the responsibility for an extensive traveling program which visits schools in Contra Costa and Alameda counties. Schools can choose from a number of presentations relating to the natural sciences—everything from animals to Indians.

The museum itself is a major resource for Contra Costa natural history information and the traveling programs concern themselves with the local environment. Because of televisions all-pervading influence, many children know a great deal about the Australian Koala Bear, but wouldn't know a California Thrasher if it lit on their shoulder. Therefore, the docents are providing a necessary education in local fauna, with an eye toward preserving what little is left (the idea being that if a child knows something about a bird, he is less likely to chuck a rock at it.)

Natural Communities, a close-up view of the local ecosystem, puts a docent to the ultimate test by introducing students to a live tarantula, held in the docent's hand. Fortunately, these Contra Costa residents are harmless, except to those with a strong sensitivity to bee stings, so the rare bite merely adds spice to the presentation (the fifth graders love it!) Incidentally, holding a tarantula is not a requirement for the docent—it is purely voluntary, but after once experiencing being acclaimed as "Wonder Woman" by an entire class, most docents can hardly wait to get their hands on one of the hairy beasties.

In addition to its traveling programs the museum has an extensive display of live, often touchable, tame wild animals. Lady Jane, a black vulture; Fang, a fox with orthodontics; John, a female barn owl who has raised three families (ALJM seems to be the only place in the world to have successfully bred and reared barn owls), and Sweetie-Pie, a loveable 8-foot boa constrictor who is a real snake charmer, are just a few of the residents. Adding to the charm of the place is the fact that the museum is largely staffed by youthful volunteers, from age 11 on up.

The museum features a pet library where local children can borrow pets for a

week. Rabbits, guinea pigs, rats, hamsters and an occasional chinchilla have brightened many youngsters' lives.

Activities available through the facility include family safaris accompanied by expert naturalists so that fun and learning are combined. The museum teaches classes for all ages, from pre-schoolers to grandparents. Rock climbing, backpacking, canoeing, hiking and bike trips keep the kids happy—they can even learn how to make a house for a mouse. Registration for the fall program is now underway.

Wildlife preservation is a major objective of the museum. A community volunteer wildlife rescue team developed by curator Gary Bogue rescued more than 3,000 orphaned or injured creatures in 1975 with a successful rehabilitation rate of over 50%. Gary has credit for the world's first successfully released hand-reared mountain lion.

The Alexander Lindsay Junior Museum, a division of the Leisure Services Dept. of Walnut Creek, is located in Larkey Park at 1901 First Ave. It is open to the public Tuesdays through Fridays from 1-5 pm. Saturdays from 10 am-5 pm.



Fang the fox

Schools, teachers (and prospective docents) may call the museum weekday afternoons for information about the traveling programs. (Oh yes, you choose the biggest boa constrictor because the bigger they are the nicer they are . . . and there's *nothing* you can do about a carsick vulture!)

FIREBIRD



HONDA CIVIC



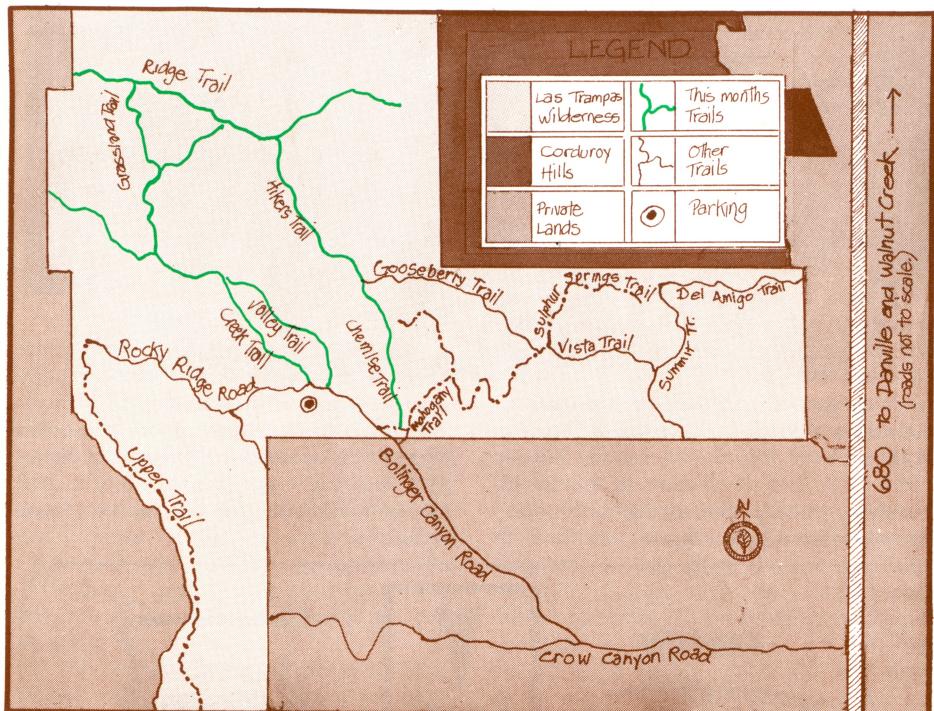
HONDA AUTOMOBILES

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The scene from afoot

Hiking in Las Trampas Regional Park

Second of a Series by Frank Valle-Riestra



Poison Oak (*Rhus Diversiloba*) is no friend to a good many hikers. The devious forms of this toxic species seem to represent nature's conspiracy to trap and contaminate the unwary, and many a delightful outing becomes a painful and irritating memory.

And yet poison oak is not all bad. Horses munch its tender new shoots with impunity. Bees are said to obtain a particu-

larly delicious honey from its greenish flowers. And even the most susceptible individual must grudgingly admit that the fall colors of poison oak can, indeed, be unusually attractive.

There is no better place to appreciate poison oak displays—from a safe distance—than the network of trails along the slopes of Las Trampas Ridge. By referring to a map of the trail network, you may plan a short, pleasant loop walk of an hour's duration, or an all day exploration of the ridge from Las Trampas Peak to Brushy Peak. Each component of the network seems to have its own distinct characteristics emphasized by its name—Grasslands Trail, Chamise Trail, Vista Trail. Free maps of the entire park are available in Walnut Creek's Alexander Lindsay Junior Museum, or you may refer to the display

Frank Valle-Riestra is a native Californian and has been a resident of Contra Costa County for nearly 30 years. He is an active member of many environmental organizations and spends as much time as possible enjoying the great outdoors. This story is reprinted with permission from "Museum Scene," a publication of Walnut Creek's Alexander Lindsay Junior Museum.

in the Las Trampas Wilderness Regional Park parking lot, at the end of the Bolinger Canyon Road.

A delightful way to start your exploration is the Creek Trail, a gently meandering path through cool groves of laurels and giant oaks. You follow the course of Bolinger Creek, apparently quite dry during the rainless weeks of early fall; yet you will be surprised to discover occasional small pools shimmering with gliding water striders, and the silence will be broken by the occasional gurgle of running water. The coolness is accentuated by the breeze rustling in the treetops far above you, loosening a silent rain of golden leaves brushing your cheeks.

The Creek Trail joins the Grasslands Trail, and you are suddenly exposed to the brilliant light of rolling meadow lands in their fall cloak. As you start the steep climb of Las Trampas Ridge, the gentle yellow of vast fields of star thistle on overgrazed land gives way to an incredibly vibrant golden hue of ungrazed grasses, accentuated by the pagoda-like skeletons of black sage blooms.

The best displays of fall colors can be seen on the crest along trail network sections designated as Hiker's and Gooseberry Trails (both are well marked by sign posts). Here you can admire the endless color and form gradation of poison oak, particularly the tree-climbing vine variety which forms spectacularly translucent, pink-to-roseate splashes in most tree tops. Many other colorful species compete for your attention—big leaf maples, black oaks, gooseberry and currant, and occasional madrones. If you bring a lunch, you may wish to pause on the rocky summit of Eagle Peak, a favorite roosting spot of giant turkey vultures. Eagle Peak is reached by a short path from Hiker's Trail and affords a fine view of Mt. Diablo.

If you stick to the well defined trails of the park, you need not be concerned about inadvertent contact with poison oak, which has been cut well back from the trail sides. You should, however, wear full length pants, and if you sit down to rest—watch it! By all means, be sure to carry plenty of drinks—the crest can be quite warm throughout the fall.

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VALLEY PERSONALITIES

Scout saves life

THE HONOR MEDAL . . . "for unusual heroism in saving or attempting to save life at the risk of his own."

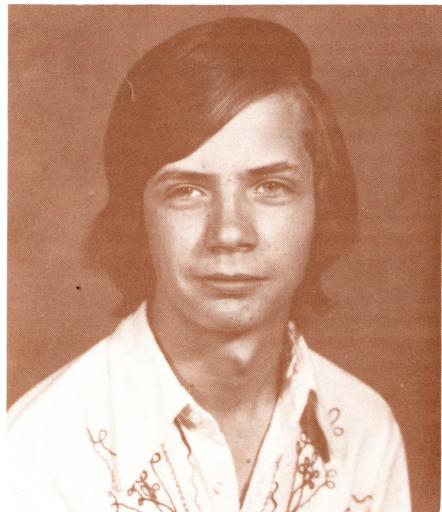
The National Council of the Boy Scouts of America, on the recommendation of a local Scout council, may present the above award to a Cub Scout, a Scout, an Explorer or a Scout leader who has demonstrated exceptional bravery in lifesaving.

One evening last winter, a Martinez Sea Explorer, Vance Adams, risked his life in the darkness and the current of the Sacramento River to rescue a man critically injured in a boat accident near the breakwater off the Martinez Marina.

Vance, aged 16, was serving as Boatswain for the Sea Explorer Ship #658, the "Defiance", sponsored by the Oil, Chemical & Atomic Workers Union, Local 1-5, of Martinez. On the evening the rescue took place, the young man was on board his family's boat at the Martinez Marina, watching television with his parents. Hearing a sound resembling an explosion and then a cry for help coming from the river, Vance and his father ran to a smaller boat moored nearby and asked the owners, Mr. and Mrs. Ted Grounds, to assist them in investigating the noise.

At the breakwater, they discovered the remains of a boat with someone holding onto the wreckage, but they were unable to get close enough to attempt a rescue. Vance went over the side and swam to the injured man, who was dazed, bleeding severely, and unable to see. While attempting to bring the man to the safety of the Grounds' boat, Vance became trapped several times in the wreckage and the soft mud of the river bottom. Because of the darkness and current, and the struggles of the injured man, it was with great difficulty that Vance finally got him into the boat.

Finding that two other men had also been on the boat at the time of the accident, Vance then swam back to the wreckage, but he was unable to locate them. Returning to the Grounds' boat, Vance gave what



Vance Adams

first aid he could to the man he had saved and, at the dock, assisted in getting him into an ambulance.

That Vance Adams was willing to attempt the rescue in the cold and darkness of a winter night, without thought of his own safety, speaks to the attitude developed in him and thousands of other young men through the Scouting and Exploring programs of the Boy Scouts of America. That he had the skills needed to successfully complete the rescue attempt is proof that the motto "Be Prepared" is as valid now as it has ever been in the past.

Vance was presented with the BSA Honor Medal for his heroism at the Mt. Diablo Council's annual Sea Explorer Bridge of Honor last month. His parents, Charles and Barbara Adams, and his fellow Sea Explorers can be justly proud of a young man who is one of very few so honored by the National Council of the Boy Scouts of America.

Editor's Note: If you would like to become involved in Scouting, either as a Scout or as an adult volunteer, call 935-2731 to learn more about available programs.

Football schedules

High School Varsity games at 8 pm unless otherwise noted, J.V. at 5:30.

Acalanes High School

- Oct. 1 Campolindo High School
- Oct. 8 Las Lomas High School
- Oct. 15 Del Valle High School
- Oct. 22 At Alhambra High School
- Oct. 29 Bye

Campolindo High School

- Oct. 1 At Acalanes High School
- Oct. 8 Miramonte High School
- Oct. 15 At Las Lomas High School
- Oct. 22 Del Valle High School (1)
- Oct. 29 Alhambra High School

Clayton Valley High School

- Oct. 1 Concord High School (4)
- Oct. 8 At Antioch High School
- Oct. 15 College Park High School (2) or (4)
- Oct. 22 Northgate High School (3)
- Oct. 30 Pleasant Hill High School (4)

College Park High School

- Oct. 1 At Pittsburg High School
- Oct. 8 Mt. Diablo High School (4)
- Oct. 15 Clayton Valley High School (2) or (4)
- Oct. 22 Ygnacio Valley High School (3)
- Oct. 29 Concord High School (2)

Concord High School

- Oct. 1 Clayton Valley High School (4)
- Oct. 8 Ygnacio Valley High School (3)
- Oct. 15 At Miramonte High School
- Oct. 22 At Antioch High School
- Oct. 29 College Park High School (2)

De La Salle High School

- Oct. 2 Ygnacio Valley High School 5:30 (3)
- Oct. 9 Albany High School 11 am
- Oct. 16 At St. Mary's High School 11 am
- Oct. 23 Moreau High School 11 am
- Oct. 30 Salesian High School 11 am

Del Valle High School

- Oct. 1 Bye
- Oct. 8 At Liberty High School
- Oct. 15 At Acalanes High School
- Oct. 22 Campolindo High School (1)
- Oct. 29 At Las Lomas High School

Las Lomas High School

- Oct. 1 Liberty High School
- Oct. 8 At Acalanes High School
- Oct. 15 Campolindo High School
- Oct. 22 At Miramonte High School
- Oct. 29 Del Valle High School

Miramonte High School

- Oct. 1 Alhambra High School
- Oct. 8 At Campolindo High School
- Oct. 15 Concord High School
- Oct. 22 Las Lomas High School
- Oct. 29 Liberty High School

Monte Vista High School

- Oct. 1 At Amador High School
- Oct. 8 Dublin High School
- Oct. 15 California High School
- Oct. 23 At Granada High School 1 pm
(JV 10:30)
- Oct. 29 Foothill High School

- (1) At Las Lomas High School field
- (2) At Pleasant Hill High School field

Mt. Diablo High School

- Oct. 1 Antioch High School
- Oct. 8 College Park High School (4)
- Oct. 15 Northgate High School
- Oct. 22 At Pleasant Hill High School
- Oct. 29 Pittsburg High School

Northgate High School

- Oct. 1 Pleasant Hill High School
- Oct. 8 Pittsburg High School (2)
- Oct. 15 At Mt. Diablo High School
- Oct. 22 Clayton Valley High School (3)
- Oct. 29 Ygnacio Valley High School (4)

Pleasant Hill High School

- Oct. 1 Northgate High School
- Oct. 8 Bye
- Oct. 15 At Pittsburg High School
- Oct. 22 Mt. Diablo High School
- Oct. 30 Clayton Valley High School (4)

San Ramon High School

- Oct. 1 Granada High School
- Oct. 8 At Foothill High School
- Oct. 15 Livermore High School
- Oct. 22 At California High School
- Oct. 29 At Amador High School

Ygnacio Valley High School

- Oct. 1 De La Salle High School 5:30 (3)
- Oct. 8 Concord High School (3)
- Oct. 15 At Antioch High School
- Oct. 22 College Park High School (4)
- Oct. 29 Northgate High School (4)

Diablo Valley College

- Oct. 2 De Anza College
- Oct. 9 At West Valley College, Santa Clara
- Oct. 16 Chabot College
- Oct. 29 At Laney College, Oakland

Games at 7:30 pm

Saint Mary's College

- Oct. 2 At California State, Hayward
- Oct. 9 Pomona College
- Oct. 16 Oregon Tech College
- Oct. 30 At Azusa Pacific College

Home games at 1:30 pm

University of California

- Oct. 2 San Jose State
- Oct. 9 Oregon
- Oct. 16 At Oregon State
- Oct. 23 U.C.L.A.
- Oct. 30 At U.S.C.

Games at 1:30 pm

Oakland Raiders

- Oct. 3 At New England
- Oct. 10 At San Diego
- Oct. 17 At Denver
- Oct. 24 Green Bay
- Oct. 31 Denver

San Francisco 49'ers

- Oct. 3 New York Jets
- Oct. 11 At Los Angeles
- Oct. 17 New Orleans
- Oct. 23 Atlanta
- Oct. 31 At St. Louis

- (3) At Mt. Diablo High School field
- (4) At Diablo Valley College field

Auction planned



Gary Schaub, director of Walnut Creek Civic Arts; Sue Buckley, member of Civic Arts Association, and Bill Driscoll, auctioneer, show some of the items auctioned last year.

A plastic fire-plug for your pet, an autographed Oakland A's baseball, an ocean cruise, cameras, antiques or President Ford's carpet.

If you are shopping for these items—then look no more. "El Remate" is the place!

On Sunday, October 24th, the Civic Arts Association will sponsor the sixth annual "El Remate" goods and services auction beginning with a preview at 4:00 p.m. at the Civic Arts Theatre in Walnut Creek.

Over 100 valuable items will be placed on the block by professional auctioneer Bill Driscoll of Concord.

"El Remate" is the major fund-raising event which benefits the Civic Arts Association to assist programs offered by the Civic Arts Gallery, Performing Arts and Arts Education Program of the City of Walnut Creek.

Last year the Civic Arts Association also held a "TV Remate" on General Electric Cablevision Channel 6 in Walnut Creek. It will be repeated this year on Tuesday evening, October 26, beginning at

8:30 p.m. Guest auctioneers will be area disc jockeys and personalities.

Since Channel 6 does not reach beyond Walnut Creek (and not even all of that), armchair enthusiasts can invite guests from "out of town", such as Concord, Rossmoor, or Lafayette for a TV party. Participants can bid by telephone for items of their choice.

All proceeds benefit Civic Arts and items contributed for auction are tax deductible.

Kay Moore of Alamo is serving as chairperson. Assisting her with acquisitions is Cori Hendrickson of Walnut Creek. The acquisitions committee is comprised of 33 of the total 63 members of the Civic Arts Association Auxiliary. This group, newly formulated to serve the Association with fund-raising projects, is headed by JoAnne Kirkland.

Circle October 24 and October 26 on your calendar now for "El Remate" and "TV Remate". For further information, contact the Civic Arts Association at 935-3300, Ext. 257.

JOBS, JOBS, JOBS

Thousands of high school and college students in Central Contra Costa County are ready for part-time jobs in area homes and businesses. Most have the experience needed to help you get your work done. Students without experience are eager to learn.

HOMEOWNERS: Get help with lawn maintenance, putting in a patio or sprinkling system, carpentry, hauling trash, painting, hanging wallpaper, babysitting, housework, meal preparation, music lessons or tutoring for children, swimming lessons at your own pool, caring for elderly relatives, window washing, dog walking, plant sitting . . . be creative, think of a job that a student can do to give you more time for other things.

BUSINESS PEOPLE: Students can handle part-time jobs in printing, photography, drafting, electronics, janitorial service, pick up and delivery, vehicle maintenance, kennel work, carpet cleaning, office work, sales, medical and dental offices, addressing envelopes, taking inventory, cooking, waiting tables or counter work, data processing and many other areas.

Hire a student. It makes good sense for you . . . and for the youth in your community. Call one of the youth employment services below. You'll be glad you did!

CONCORD YOUTH COUNCIL YOUTH EMPLOYMENT SERVICE

Summer: 10 a.m. - 5 p.m.
Rest of year: Mon., Wed., Fri., 1 - 5 p.m.
Tues., Thurs., 1:30 - 5 p.m.
Baidwin Park

671-3063

LAFAYETTE YOUTH-ADULT COUNCIL, INC.

Monday - Friday, 1 - 5 p.m.
955 Moraga Rd., P.O. Box 66

283-0906

SAN RAMON VALLEY YOUTH EMPLOYMENT CENTER

Monday - Friday, 12 - 4:30 p.m.
Veterans Bldg., 120 Hartz, Danville

820-2614

WALNUT CREEK YOUTH EMPLOYMENT SERVICE

Monday - Friday, 1 - 5 p.m.
Chamber of Commerce, 1359 Locust St.

937-3733

ST. MARY'S COLLEGE PLACEMENT CENTER

Monday - Friday, 8:30 a.m. - 4:30 p.m.
St. Mary's College, Moraga

376-4116, 376-4202

DIABLO VALLEY COLLEGE CAREER DEVELOPMENT CENTER

Monday - Friday, 9 a.m. - 4 p.m.
Diablo Valley College, Pleasant Hill

ext. 435, 436 or 437
685-1230

The following high schools have lists of students who want part-time jobs. Contact the Career Center when school is in session.

Campolindo High School, Moraga	376-5986
Del Valle High School, Walnut Creek	935-6750
Las Lomas High School, Walnut Creek	935-4110
Miramonte High School, Orinda	376-4423

During the regular school year, contact the Work Experience Program coordinator at the following schools.

Clayton Valley High School, Concord	682-7474
Concord High School, Concord	687-2030
College Park High School, Pleasant Hill	682-7670
Mt. Diablo High School, Concord	682-4030
Northgate High School, Walnut Creek	938-0900
Olympic High School, Concord	687-0363
Pleasant Hill High School, Pleasant Hill	934-6746
Ygnacio Valley High School, Concord	685-8414

Activities and Events

We hope you enjoy the many exciting activities available to you in the area. We put a great deal of effort into making sure the following information is accurate, but it's always a good idea to double check dates and times by calling the sponsoring organization.

MUSEUMS

Diablo Valley College Museum in Pleasant Hill appeals to all ages with free exhibits in zoology, anthropology, physics, chemistry, botany and other fields. Located in the Science Center, the museum is directly under the planetarium dome. Open weekdays except Thursday, 9:30 am-12 noon and 1:45 pm, Saturday, 1:30-5 pm. Call 685-1230, Ext. 303.

Alexander Lindsay Junior Museum has an interesting collection of wildlife plus classes and nature programs for children and adults. Rabbits, hamsters, rats and other pets can be checked out for a week from the pet library. Sponsored by the City of Walnut Creek, the museum is located at 1901 First St. in Larkey Park. Hours are 1-5 pm, Tuesday-Friday, and 10 am-5 pm Saturday. No admission charge. Call 935-1978.

John Muir National Historic Site, 4202 Alhambra Ave., Martinez, is open 8:30 am-4:30 pm daily. Featured are the home of John Muir, the Martinez Adobe built in 1849 (open weekends 1-4 pm) and a visitor's center where a film about Muir is shown daily on the hour between 9 am and 4 pm. The BART feeder bus from the Concord station to Martinez stops at the site on weekdays. Free. Call 228-8860.

Shadelands Historical Museum is a restored turn-of-the-century farmhouse at

2660 Ygnacio Valley Rd., Walnut Creek. Open Wednesday and Sunday 1-4 pm, the museum is operated by the Walnut Creek Historical Society. Free. Call 935-7871.

Planetarium and Observatory, Diablo Valley College, Pleasant Hill, has free two-hour shows beginning at 7:30 pm Fridays. Through October 15 is "Touching the Sky" followed by "The Search for a Blue Water Planet" beginning October 29. Call 685-1230, Ext. 303.

THEATRE

Civic Arts Theatre, 1641 Locust St., Walnut Creek. Diablo Light Opera Company's "Sound of Music" continues each Friday and Saturday at 8:30 pm until October 16. Also Sunday at 2:30 pm on October 3 and 10. Contra Costa Musical Theatre's "Hello Dolly" opens October 29 and runs weekends through November 27. Box office 939-0355.

Parkside Playhouse, 2750 Parkside, Concord, continues "A Night in Egypt" Friday and Saturday at 8:30 pm through October 9. The new musical comedy in the style of 1930's musicals is by Lafayette resident Dennis Miller. "The Effect of Gamma Rays on Man-in-the-Moon Marigolds" by Clayton Valley Friends of Theatre opens October 15 and runs Friday and Saturday at 8:30 pm through November 6. Call 671-3065.



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The Dramateurs. Town Hall Theatre, Moraga Rd., at School St., Lafayette, presents "Butterflies are Free" on Thursday, Friday and Saturday at 8:30 pm, October 22-November 6. Call 283-2040. Tryouts for "A Christmas Carol" are scheduled October 24 and 25 at 8 pm at the theatre. Many parts are being cast for all ages, especially character parts for mature adults. Chorus people also needed. Call 254-5530 for information.

Magic comes to Civic Arts Theatre, 1641 Locust St., Walnut Creek on Saturday, October 23rd at 9 am, when master magician Eric Van Duyer presents a 40-minute program. Watch a woman float in thin air. Witness one of the world's greatest illusions in which a girl is sliced into three pieces and the middle one is removed. General admission tickets are \$1 and may be purchased in advance at the Civic Arts Theatre box office Tuesday through Saturday, noon to 5:30 pm. (939-0355), or at the Walnut Creek Arts Education office in Civic Park. Tickets will be sold at the door, too.

Actors Workshop. Concord Community Arts will be offering Jim Kirkwood's actors workshop class at the Parkside Playhouse twice a week beginning October 28 and culminating with performances January 14 and 15. Interested students are encouraged to call for audition interviews as soon as possible since the class is limited to 14 students. Students are asked to prepare one monologue from a Shakespearian or modern play. Audition interviews will be held October 16 and 17 from 10 am to 5 pm. Call 671-3065 for appointments and information.

CONCERTS AND FILMS

Brown Bag Concert, Civic Arts Theatre, 1631 Locust St., Walnut Creek, is a free 50-minute concert on the third Wednesday of each month at 12:10 pm. Presented by the Civic Arts Assn., music ranges from ragtime to classical. Call 939-0355 for program information. Bring your lunch or buy a "Bach's Lunch" at the theatre.

Concord Pavilion, 2000 Kirker Pass Rd., Concord. Bring a meal and picnic on the grass to start your evening at the Pavilion. Tickets range from about \$4.50



The 5th Dimension and Ronnie Schell come to Concord Pavilion October 9 at 8 pm.

to \$7.50 for most programs. Box office is at 2974 Salvio St., Concord, 798-3311. Tickets also are sold at J.C. Penny in the Sun Valley Mall and the Civic Arts ticket office, 1641 Locust St., Walnut Creek, 939-0355. Among coming events are Lynyrd Skynyrd rock concert October 2, Fifth Dimension October 9, Eugene Fodor and the Oakland Symphony October 29, and The Tubes October 31. Call the box office for information on other programs. The Pavilion will end its season October 31 and will reopen in mid-April.

Forum Film Series at Diablo Valley College features free classic and popular films of the U.S. and other countries. The Forum is located below the library and all seats are reserved. Call 687-4445. Films are at 7 pm on Monday and Friday, 2 pm on Tuesday and Thursday, and 3 pm on Wednesday. Films and dates for October are:

1: 20,000 Leagues Under the Sea	18: The Little Foxes
Journey to the Center of the Earth	Hamlet (Williamson)
4: Queen Christina, Hamlet (Olivier)	19: Hamlet (Williamson)
5: Citizen Kane	20,21: The Public Enemy
6: Buster Keaton Shorts	22: Westworld
7: The Navigator	THX 1138
8: War of the Worlds	25: I'm No Angel
The Day the Earth Stood Still	My Little Chickadee
11: The Graduate	26,27,28: A Space Odyssey
Dance, Girl Dance	29: Dead of Night
12: The Bride Wore Red	Murder Most Foul
13: A Tribute to Dorothy Arzner	The Comedy of Terrors
14: Golddiggers of 1933	
15: The Time Machine	
Things to Come	

"Flash Gordon Conquers the Universe" will be serialized in 12 Chapters on Fridays, October 1-December 17.

ART GALLERIES

Civic Arts Gallery, 1641 Locust St., Walnut Creek, opened its fall season with an exhibition of contemporary Japanese prints from the personal collection of Mas and Toshi Yonemura which continues through October 31. Also on view is Biomorphic Biosphere: Visionary City combining Nature and Technology, architect Glenn Small's futuristic concept of a vertical city in the sky. The gallery is open Tuesday-Sunday, 12-5 pm and



Japanese prints on exhibition at Civic Arts Gallery.

Friday and Saturday, 7-9 pm. Call 935-3300, Ext. 258.

Parkside Gallery, 2750 Parkside, Concord, currently has a photo display by Concord's Florence Thomas. The Sears Bicentennial photo award winners will be on display October 15 to November 5. The gallery is open 9 am-4:30 pm Monday-Friday. Call 671-3065.

Valley Arts Gallery, 1641 Locust St., Walnut Creek, is a non-profit gallery that rents paintings and sells ceramics, crafts, jewelry, drawings and paintings by established area artists. Rental fees may be applied toward purchase of paintings. Open 12-5 pm Tuesday-Saturday, and 7:30-9 pm Friday. Call 935-4311.

Art Gallery, Diablo Valley College, Pleasant Hill, has a showing of mixed media works by members of the DVC faculty through October 13. Call 685-1230, Ext. 471. Randy J. Strong will lecture on "Survival of glass-blowing as an art form" on October 6 at 1 pm in the Forum at DVC.

SENIOR CITIZEN CENTERS

Concord Senior Center, 2727 Parkside, 687-2585, is open 9:30 am to 5 pm daily for seniors age 50 and over. Lunch is served Monday-Thursday. A mini-bus is available for those who need transportation; call 9:30-11 am a day in advance to arrange for a ride.

Lafayette Senior Recreation Center, Methodist Church Recreation Bldg., 955 Moraga Rd., is open 12 noon to 4 pm Thursdays and a luncheon is served on the second Thursday of each month. Age 50 and up. For information contact Lafayette Seniors president Sister Ann Frank, 283-6511.



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Moraga Seniors meet at the Hacienda de las Flores, 2100 Donald Dr., on Mondays 1-4 pm. Lunch is served on the second Monday each month at 12 noon. Age 50 and up. Call 376-2520 a day ahead to arrange transportation.

Orinda Community Center, 26 Orinda Way, 254-2445. Meetings for seniors age 55 and over are on 1st and 3rd Thursdays of the month, 1-4:30 pm.

Pleasant Hill Senior Center, 233
Gregory Ln., 825-6384, is open 9 am-5
pm Monday, Wednesday, and Thursday.
Age 50 and over.

San Ramon Valley Seniors meet on Mondays at 11:30 am at Wesley Hall, San Ramon Valley United Methodist Church, 902 Danville Blvd., Alamo. Age 60 and up. For information contact Betty Zanzig, San Ramon Valley Community Center, 135 Love Ln., Danville, 837-8235.

Walnut Creek Hospitality House,
1385 Civic Dr., 935-3300, Ext. 246, is
open 9 am-4 pm Monday-Friday, and
weekends 1-4 pm. Ride the mini-bus any-
where in Walnut Creek by calling 933-1434
at 9:30-11 am a day in advance.

SPORTS

Pleasant Hill Recreation, 676-5200, offers four free drop-in sports programs this fall.

Badminton play will take place every Monday night from 7:30-10:00 pm in the gym at Pleasant Hill High School.

Mary Roach will lead Tuesday's drop-in volleyball from 7:30-10:00 pm in both gyms at Pleasant Hill High.

Super People Sports will feature co-ed volleyball on the newly developed sand courts in the Pleasant Hill Park's central area every Tuesday and Thursday from 9:00 am to 12 noon.

The Diablo Valley College wrestling room will be open for free drop-in workouts on Monday and Wednesday evenings from 7:00-9:00 pm.

BICYCLING

Motorcross dirt track bicycle racing for boys and girls age 7-15 at Hillcrest Park, Avon Ave., Concord, is a great spectator sport as well as fun for the kids. Races

The logo is circular with a green outer ring containing the company name "THE WOODSHED LUMBER CO." in white, stylized, blocky letters. Inside the ring, at the top, is the text "WE DELIVER". In the center is a black circle containing a white illustration of several wooden beams and planks stacked together. To the left of the central circle is a small rectangular logo for "BANKAMERICANO" with a small American flag graphic. To the right is another small rectangular logo for "Master Charge". Below the central illustration, the text "REDWOOD FENCING - DECKING & RETAINING WALLS" is written in a bold, serif font, followed by "OUR SPECIALTY" in a slightly smaller font. At the bottom of the circle, the text "QUALITY MATERIAL AT DISCOUNT PRICES" is displayed. Outside the bottom edge of the circle, the text "mention this ad for FREE kindling for your winter fires" is written in a green, sans-serif font.

are scheduled October 9 and 23. Registration is at 9 am, races begin at 10 am for expert and novice divisions in various age groups. Call 671-3324 for information and requirements to enter. Sponsored by playground section of Concord Leisure Services.

Diablo Wheelmen is a bicycle club for people who enjoy bike touring and racing. Special training sessions are held to get members in physical shape. Call 682-9233 for information about coming activities.

THUNDERBIRDS

Last month we featured the USAF Thunderbirds precision flying team in a special story. The Thunderbirds performances this month are at Fort Ord near Monterey on October 1 at 1:30 pm and at Castle Air Force Base near Merced on October 2 at 3 pm.

LIBRARIES

The Contra Costa Library System is affiliated with other library systems throughout the state. Books and materials not available locally may be reserved by filling out a form and paying a nominal fee. Library cards are free; parent's signatures required for children under 13. Many special programs are provided for all ages.

Central Library, 1750 Oak Park Blvd., Pleasant Hill, 944-3434

Concord Library, 2900 Salvio St., 671-4455

Lafayette Library, 952 Moraga Rd., 283-3872

Martinez Library, 740 Court St., 372-2898

Moraga Library, 1500 St. Mary's Rd., 376-6852

Orinda Library, 2 Irwin Way, 254-2184

Pacheco Library, 110 Center Ave., 689-7226

San Ramon Valley Library, 555 S. Hartz Ave., Danville, 837-4889

Walnut Creek Library, 1644 N. Broadway, 934-5373

Ygnacio Valley Library, 2661 Oak Grove Rd., Walnut Creek, 938-1481

Among coming programs are:

October 2:

Films for children of all ages, Moraga Library, 10:30 am.

October 4:

Friends of Moraga Library booksale, Moraga Shopping Center.

October 5:

Adult Book discussion group, Ygnacio Valley Library, Walnut Creek, 1:30 pm.

October 6:

Adult book discussion group, Moraga Library, 10:30 am.

October 13:

Making tree ornaments from foreign lands demonstration by Jeanne de Remer, for all ages, San Ramon Valley Library, Danville. Clown make-up for children ages 5-12, Walnut Creek Library, 3:30 pm.

October 17:

65th Anniversary celebration of Walnut Creek Library, 2:30 pm.

October 18:

Adult book discussion group, San Ramon Valley Library, Danville, 10:30 am.

October 23:

Films for children of all ages, Moraga Library, 10:30 am.

October 26:

Young adult film program, Lafayette Library, 7 pm.

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BOWLING

Clayton Valley Bowl, 5300 Clayton Rd., Concord.
Danville Bowl, 200 Boone Ct., Danville.
Concord Bowl, 1121 Meadow Ln., Concord.
Rheem Valley Bowl, 489 Moraga Rd., Rheem.
Walnut Bowl, 1559 Botelho Dr., Walnut Creek.
Pleasant Hill Lanes, 2265 Contra Costa Blvd., Pleasant Hill

GOLF

18 hole public courses:

Bethel Island Public Golf Course, 3303 Gateway Rd., Bethel Island, 684-2654.
Diablo Creek Golf Course, 4050 Port Chicago Hwy., Concord, 686-6262.
Franklin Canyon Golf Course, Highway 4, Rodeo, 787-2191.
San Ramon National Golf Club, 9430 Firecrest Ln., San Ramon, 828-0521.
Sunol Valley Golf Course, (36 holes), Interstate 680 at Andrade Rd., Sunol, 862-2404.
Tilden Park Golf Course, Grizzly Peak and Shasta Rd., Berkeley, 848-7373.
Walnut Creek Golf Course, 3800 Valley Vista Rd., Walnut Creek, 934-4775.

9 hole public courses:

Buchanan Fields Golf Course, 3303 Concord Ave., Concord, 682-1846.
Diablo Hills Golf Course, 1551 Marchbanks Dr., Walnut Creek, 939-7372.
Pine Meadows Public Golf Course, 451 Vine Hill Way, Martinez, 228-9796.
Pleasanton Fairways Golf Course, Alameda County Fair, Pleasanton, 462-4653.
Royal Oaks Country Club, Marsh Creek Rd., Clayton, 825-5170.

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'76

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"Today it is popular to say that the eventual decay of our way of life is inevitable. It is said that high crime rates, unemployment, pollution, greed and corrupt politicians are unavoidable. I DISAGREE! . . .

"I look to the qualities that have made America great. Yes, we need change . . . but thoughtful change. We need to solve our difficulties by community involvement. It is time to re-assess our goals . . . see our strengths . . . and with honesty, see our weaknesses. With this honesty, coupled with the American tradition of hard work, we can re-construct our country into the kind of nation our founding fathers fought and died to establish."

Beserra has been endorsed

by U.S. Congressman George Miller and Assemblyman John Knox.
Beserra for State Senate Committee, P.O. Box 2124, Walnut Creek, CA 94595